

FiveLac Vs ThreeLac

FiveLac is a nutritional-food supplement composed of five live strains of good bacteria:



- Bacillus Coagulans
- Bacillus Subtilis
- Enterococcus Faecalis
- Lactobacillus Acidophilus
- Bifidobacterium Longum

FiveLac is the culmination of many years of scientific research and is designed to provide beneficial intestinal micro-flora. Balanced intestinal micro-flora has been proven to remove foreign bodies from the intestine and thus fight infection such as yeast and fungus.

With the development of FiveLac the question arises, is FiveLac better than ThreeLac?

The answer is complicated. ThreeLac is the revolutionary supplement providing temporary relief from yeast and fungus overgrowth. It uses three live bacteria: Bacillus Coagulans, Bacillus Subtilis, and Enterococcus Faecalis and is successful for millions of customers worldwide.

FiveLac is a more powerful and enhanced formulation for relief from yeast and fungus overgrowth. What's the improvement? GHT has added two additional probiotic strains to its formula.

The addition of the two new strains of probiotics in no way takes away from the original formula's effectiveness. We have only enhanced an already great product. Through research and development GHT discovered that there was an area for improvement in ThreeLac. Rather than compromise ThreeLac's formula and change the product that countless satisfied customers have come to know, GHT developed something new and potentially better.

FiveLac has two additional live bacteria that make its formula even more effective against yeast and fungus overgrowth. FiveLac combines the three live bacteria in ThreeLac with:

- **Lactobacillus Acidophilus** (improves gastrointestinal function)
- **Bifidobacterium Longum** (blocks the growth of harmful bacteria) ultimately providing the best defense against yeast overgrowth.