



Patch-it

Patch-it represents the synthesis of traditional healing and conventional science, the synergy of several complementary modalities, and the symbiosis of western and eastern concepts of health and wellness. Patch-it is based upon the practical concepts and ideas from acupressure's / reflexology, far infrared radiation (FIR), essential oils, research on pyroligneous acid, crystal healing and the use of poultices to create a product that is safe and effective for the entire family.

Patch-it – The world's first detox patch

Patch-it is the world's first Detox-Patch! Patch-it actually works while you're asleep. Apply Patch-it to the soles of your feet before retiring and wake up feeling refreshed, lighter, invigorated and ready to start a new day.

Patch-it detoxifies your body while you sleep. When you peel Patch-it poultices off the soles of your feet in the morning, you can actually see some of the nasty impurities that have been slowing you down and affecting your health.

When used over a period of 5 to 10 days Patch-it will help to invigorate the body, reduce aches and pains, promote a general feeling of well being, and reduce the monotonous feelings of fatigue and stress. With Patch-it, good health is just a bedtime away.

Patch-it is an excellent addition to your health maintenance regime. This is a product that you and your family will love, regardless of age or gender. We are confident that you will find Patch-it highly effective in helping you to maintain good overall health in a convenient and practical way.

Patch-it brings fun to detoxification. Many detoxification programs require ingesting large amounts of supplements and being close to your bathroom. Patch-it only requires that you get a good night's rest. It is that easy.

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Patch-it uses pyroligneous acid (purified wood vinegar). Selected crystal powders and sorbitol all working synergistically to create an effective product. The wood we use for making purified vinegar is harvested from a renewable resource. There are many different grades of wood vinegar, extracted from different types of wood. Only the highest quality, purest grade is selected, tested and used in Patch-it poultices. That means Patch-it contains only the pro-bio elements that are active and health enhancing. Our patches are perfectly safe and doctor recommended.

Why use Patch-it

As a simple, effective and fun detoxification program
For soothing relief for aches and pains
As an aid to improve circulation
To foster better sleep and rest
To recover from illness
To re-energize and invigorate
For use in injury recovery and convalescence.

The making of wood vinegar

One industry that was ubiquitous in the early 1900's was the wood distillation industry. The principal product after processing was charcoal with low yields of chemical by-products. The wood used for distillation was air dried for 6 to 18 months. Modernized drying methods were later developed to shorten the drying time and better control the moisture content.

During distillation, wood is placed inside an oven and heated. When wood is heated above 270 C, it begins a process of decomposition called carbonization. If air is absent the final product is charcoal (since there is no oxygen present to react with the wood). If air, which contains oxygen, is present, the wood will catch fire and burn when it reaches a temperature of about 400-500 C and the final product is wood ash.

When wood is heated in the absence of air, moisture is first driven off and, until this is complete, the wood temperature remains at about 100-110 C.

The first distillate (condensation from the gases) is almost entirely water. It is not until about the 4th hour that the liquid slowly darkens containing an increased amount of acid. The crude condensate produced from distillation of wood is called pyroligneous acid.

This crude pyroligneous acid is then refined by fractional distillation to yield a food grade version that is suitable for use in health products. It is this double distillation process that makes the vinegar in Patch-it safe and effective.

How Patch-it works

Patch-it is a poultice that contains a mixture of powdered ingredients. When the poultice is placed in contact with the skin and held in place over a number of hours, it promotes improved blood circulation and detoxification. The typical contact points on the body are the soles of the feet. It can also be used in areas where there is discomfort or pain. For example: Patch-it can easily be used on the shoulders, back, knee, ankle, elbow or other areas of the body.

Stimulation of meridian points

The concept of stimulating acupuncture points at the base of the feet, for example through foot reflexology massage, is well established. Meridians in Chinese traditional medicine may be understood as channels that link various parts of the body. Stimulation of points along such meridians by use of needles or massage will in turn generate stimulus in other organs or body functions that are related to that meridian.

Far Infrared Radiation

Patch-it utilizes the far infrared Radiation (FIR) effect of certain materials to stimulate of the meridian points. FIR has been researched and tested for many years in Japan, China, the US and Sweden for a wide variety of conditions such as muscle sprains, strains, peripheral vascular diseases, arthritis, shoulder stiffness, period pains etc. One effect of FIR is that it may replicate a cardiovascular training effect even with people confined to a wheel chair who are unable to exercise in the conventional way. Research in the early 1980's led to the idea that infrared stimulation of the cardiovascular system could be a possible means of maintaining cardiovascular conditioning.

Safe and Effective

Patch-it uses a special powdered purified aged pyroligneous acid that is free of harmful substances such as phenols. Nutriworks' powdered wood vinegar is made by a unique process to retain higher levels of vinegar (around 50% of the total weight of powder in the bag). This high concentration of vinegar is necessary to produce the beneficial far infrared effect. Patch-it provides a high level of active ingredients content and is designed for longer lasting effect. Generally the effect from the poultice ceases when all the powder in the bag is wet. Each poultice contains 5 grams of high quality, natural ingredients. With the use of a more absorbent bag material, each poultice will normally remain effective for at least 7 hours. After effective absorption of toxin and moisture from the body, the particles within the poultice turn deep brown in color.

Synergistic ingredients

Tourmaline and Germanium powders are essential in order to benefit from the negative ion effect of these crystals. Both these crystals have been suggested to be beneficial to promoting physical well-being. For example, tourmaline has been incorporated into fabric made into clothing that will provide healthy stimulus to the wearer's body.

Sorbitol acts as a humidity sink acting as a trap for moisture that is removed from the skin surface during detoxification.

Testimonials

I have suffered from 'frozen shoulder' for around 15 years. I have tried all sorts of different treatments including acupuncture, moxibustion, and different types of chili plasters for the heat effect, western medication and Chinese herbal prescriptions. All of these were not helpful to my condition. Finally my son gave me Nutriworks' patch-it. At first, I did not believe that it would help me in any way. But just after 2-3 days of use, I felt some improvement. The plasters were soaked every time after use. After around 1 month of continual use, the frozen shoulder symptoms had disappeared altogether! I have no reservation in recommending this product to all who have similar problems as mine.

-Mr. Chan – Age 82, Retired Merchant, USA

After a car accident in China two years ago, I suffered from aches and pains throughout my body. When I heard of Nutriworks' Patch-it, I tried it out immediately and noticed within a couple of days a 'lighter' feeling, and less aches from my old injuries. Now I use Patch-it regularly to help maintain a healthy body.

-Mr. Cheung – Age 30, Trading Manager, China

I had a persistent discomfort in my arm and finally tried Nutriworks' Patch-it. Nothing that I tried helped. When I first started using the product, the plasters were very wet after use. After about a week, the discomfort subsided. I feel much more refreshed. My wife uses it from time to time and she feels good every morning after she uses it on her feet.

-Mr. Hui – Age 80, Retired PR Director, Malaysia

I was playing golf when I injured the joint at the base of my thumb. I also had an injury to the tendon in the area around the base of the little finger. I tried to get this injury treated at a chiropractor, but after one month, there was no improvement. I also tried applying creams and lotions that were supposed to be for muscle injury, but these only offered temporary relief. I was introduced to Nutriworks' Patch-it and started using them every night around the base of my thumb and on the wrist area behind my pinky. After about 1 week, I found that my thumb was moving freely without pain. I continue to use the patches for overall health. Now I can play golf and not feel pain-how wonderful!!

-Ms. Wong – Age 38, Business Woman, Hong Kong

After breaking my leg, my leg was in a plaster cast. When this plaster cast was removed, there was a faint 'bruise' in the area of the injury that seemed to persist. My doctor said it would fade over about 6 to 8 weeks. But after using Nutriworks' Patch-it for 1 week, this bruise had disappeared.

-Johnny – Age 13, Student, Hong Kong

Every month when I have my period, I suffer from swollen feet. The discomfort was so severe that I was not able to sleep. I was introduced to Nutriworks' Patch-it and used it for one night. The next morning the swelling in my feet was completely gone. I had a much better sleep that night. I now use Patch-it regularly and enjoy a pain free menstrual cycle. I am really grateful to this incredible product!

-Mrs. Leung – Age 44, Marketing Officer, Singapore

I suffer from slight rheumatism in my foot joints. After regularly using Patch-it the pain has completely disappeared! I now always Patch-it because my job requires a great deal of walking. The plaster poultice really keeps my feet healthy.

-Mr. Chow – Age 26, Sales Officer, Hong Kong

I work a lot in front of a computer and after a long day, I find that I have stiff shoulders. I was introduced to Nutriworks' Patch-it and used it on my feet. I am much more refreshed in the morning. I started to use it on my shoulders during the daytime too and noticed a big difference at work. I have a clearer mind and am much more efficient. I introduced it to my colleague who is always suffering from fatigue. He really likes the patches a lot. He now wears the patches on his feet even during the day!

-Miss. Tsang – Age 30, Clerk, Hong Kong



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