



DR. SCHULZE'S SUPERFOOD PLUS

100% Organic Vitamin & Mineral Food Concentrate

DR. SCHULZE DESCRIBES SUPERFOOD PLUS:

Modern life can beat you up. Most people today live on a diet of over-processed and over-cooked food, not to mention coffee, sugar, chocolate, junk food, prescription drugs and alcohol. Our environment is more toxic, has more chemical pollutants in it and less oxygen than ever before. Most of us suffer from lack of exercise, lack of sleep and unheard of levels of stress. This constant bombardment we call modern living devours nutrients like a raging forest fire with a 100 m.p.h. tailwind.

A lack of nutrition in your blood can cause everything from low energy and a weak immune system to virtually any disease. Your speed and ability to recover are greatly reduced when you are nutritionally depleted. Nutrition is what builds every cell, every organ and every metabolic chemical in your body. Nutrition is what builds your body; it's what YOU are made of. Having a

rich supply of nutrition in your blood gives you energy, vitality, strength, protects you from disease and illness, and if you get sick, speeds up your recovery dramatically.

It's not how much you take, but how much you assimilate. Even in perfect health it is difficult to digest and assimilate vitamin and mineral pills, but if you're sick, you don't stand a chance. So in the clinic it didn't take long for me to discover that vitamin and mineral pills were NOT helping any of my patients get well. They were literally throwing their money down the toilet.

We are currently entering a new era of nutrition. It is no longer a matter of how many milligrams you take of this or that nutrient, but how much of what you are taking is actually ending up in your bloodstream and getting to the organs that need it. Dr Schulze designed and developed SuperFood Plus using numerous single-celled microplants. What this means in plain English is that you can assimilate it in minutes, right into your blood: where you need it. Again, it's not how much you take in milligrams or international units of a particular nutrient that's important, but how much of that nutrient you swallow gets into your bloodstream and to your cells where you need it.

God and Nature, The Bottom Line. God and Nature have blessed us with certain foods and herbs that are so nutritionally potent, concentrated and complete, I call them the SuperFoods. This perfectly balanced blend of SuperFoods will supply you with a wide range of natural food source vitamins, minerals, amino acids and essential trace nutrients. It's a Natural Blood Transfusion.

When you use Dr Schulze's herbal formulae, they tell your body to do something and create something, like the way Echinacea Plus tells your body to build more immune cells and immune chemicals. But Echinacea Plus can't build T-Cells from thin air, pizza and beer. It needs your help. It needs nutrition! So when your blood is rich with nutrition, all of my other herbal formulae do their job better, faster and more complete. This is because instead of nutritionally depleted weak blood you now have high-octane nutrient rich fuel. Getting that extra nutritional blast from these SuperFoods can be the missing link you've been searching for in your health program.

Man Made Quackery vs. Nature Made Perfection. Almost all vitamin and mineral supplements are MAN MADE, using horrible substances that they cooked up in the laboratory from pharmaceutical companies and chemical manufacturers. Man made Nutrition is full of holes, incomplete, DON'T RISK YOUR HEALTH. SuperFood Plus is made by Nature, Dr Schulze just mixes it. Nature is very complex, complete and was designed and created by God. Plants contain every vitamin, mineral and nutrient known. They also contain Vitamin B-2947 and others that we won't discover for another 1,000 years. I trust Nature's Nutrition because it is Complete Nutrition. SuperFood Plus is the perfection of Nature versus the folly of Man.

SUPERFOOD PLUS VITAMINS Vitamin A comes from lush Organic Hawaiian Blue-Green Spirulina and Chlorella instead of commercial Vitamin A from toxic fish oil. SUPERFOOD PLUS' Vitamin B-12 comes from primary yeast grown on molasses and beets. The standard disgusting commercial source of B-12 is from bacteria laden ground up dried beef livers. This vitamin meat is overloaded with steroids, growth hormones, antibiotics and pesticides. The other main source of commercial Vitamin B-12 is sewage sludge, YUCK!!! In today's environment of depressed immune diseases there are hundreds of reasons why both of these materials would be a health risk, not a benefit. Just because a so-called natural substance (fecal matter is natural) is high in a particular vitamin it DOESN'T MEAN THAT IT IS A GOOD FOOD!

SUPERFOOD PLUS MINERALS come from Seaweeds, Organic Root Vegetables and Grain Grasses. Commercial minerals are made from, well, basically DIRT. The iron, calcium, zinc, etc. are just mined ore. Gigantic hard boulders and stones are pulverized and powdered to a fine dust. This doesn't make it any easier to digest and assimilate. Most calcium is actually made from ground up oyster shells. This reminds me of when I was a kid watching the "Three Stooges" fix dinner, they would throw

the oysters away and crunch on the shells. We all laughed at them and now we are doing the same thing. Modern research shows us that minerals of this type are up to 99% unassimilable. The body cannot digest them and get them into the blood. The manufacturers' response to this is to add pig digestive enzymes and other dissolving chemicals, which supposedly pre-digests it or chelates it, in their attempt to FORCE our body to accept this toxic material that it clearly doesn't want and is protecting us against. Is this practice of chelating minerals really to our benefit or a dangerous act of nutritional ignorance, forcing alien toxic substances into our body and blood?

SO HERE YOU HAVE A CHOICE If you are currently taking vitamin and mineral pills, check your bottle. Does it say what each vitamin and mineral is made from? Probably not. Call the manufacturer and ask them, and like me, you'll be shocked, if not sickened, to discover Vitamin A from toxic fish oil that is loaded with toxic PCB's, lethal mercury and lead; B vitamins from coal tar and petro-chemicals (known central nervous system depressants), respiratory irritants and carcinogens; Vitamin C from acid blends (irritating to the lining of the digestive tract); Vitamin D from radiated oil; Vitamin E from Eastman Kodak. Need I say any more? Smelly toxic fish oils, bacterial laden, dead animal organs, sewage sludge, sea shells, animal bones and scrap metal may be high in a particular nutrient but they can also be high in toxins and poisons. They may be "100% natural", but they are not good foods.

ABOUT SUPERFOOD PLUS INGREDIENTS:

"These are Nature's nutrients, not man-made synthetic vitamins. This is the finest whole food and herbal vitamin and mineral product available anywhere."

Spirulina Blue-Green Algae has been discovered to be one of the most concentrated, nutritious foods on the planet. We use the only organically grown Spirulina in the world, from Hawaii. The high amount of sunshine there makes this spirulina higher in Beta-Carotene and the numerous other carotenoids than any other. It is also a rich source of B-Vitamins, especially B-12, and the highest natural source of complete protein known (75%). Grown using water pumped from 2000 feet deep in the ocean, this Spirulina is also one of the richest sources of minerals anywhere.

Chlorella, another blue-green algae, is also an extremely concentrated source of nutrition and compliments Spirulina well. While all the nutritionists argue over which one is better to use, Spirulina or Chlorella, I put them both in my SuperFood Plus formula. This is simply because my focus is not to win a nutritional argument, but to help you get healthy, period.

Alfalfa, Barley & Wheat Grasses are literally Nature's most potent and complete Vitamin and Mineral herbs. They are mildly cleansing and the greatest sources of nutrition of any grasses. Grain grasses are more potent than the grains themselves, offering us a rich array of vitamins, minerals and chlorophyll.

Purple Dulse Seaweed Seaweeds are the richest source of assimilable minerals on the planet. They contain all the minerals and trace minerals that are found in the oceans and in the earth's crust.

We chose Purple Scandinavian Dulse because it has the highest mineral concentration, but also tastes bland. Many seaweeds taste very fishy. Dulse does not.

Beet Root & Spinach Leaf are some of the richest, most assimilable sources of organic minerals, especially iron. Beets, being a root vegetable and growing underground, change inorganic hard rock mineral elements into plant minerals that are digestible by us. Spinach is a rich source of calcium, iron, and vitamin K. Both of these plants are famous for their blood building ability.

Rose Hips, Orange and Lemon Peels are revered as some of the best sources of vitamin C. These fruits are also a balanced C-complex source. The citrus peels contain bioflavonoids, rutin, hesperidin, calcium and all of the trace elements that are now known to be necessary to assimilate vitamin C.

Non-Active Saccharomyces Cervisiae Nutritional Yeast is grown on beets and pure molasses and literally vacuums all the B-vitamins out of whatever it is grown on. It is the second highest source of complete protein in nature (50%), and the richest source of B-vitamins ever found. It is also a rich source of iron and numerous other minerals. The yeast we choose is heated just high enough to absolutely destroy any yeast activity, but not high enough to lessen the B-Vitamin content. It is totally NON-ACTIVE and safe for any patient with candida albicans.

ABOUT SUPERFOOD PLUS NUTRIENTS:

VITAMINS AND MINERALS

SuperFood Plus contains the 2 richest sources of Vitamin A-Beta Carotene which is only one of the many Carotenoids found in SuperFood Plus. SuperFood Plus also contains the 3 richest sources of B-12 and other B Vitamins on the planet and many unrecognized B-Complex nutrients like Folic Acid, Choline, Biotin, Inositol, Para-aminobenzoic acid, Pantothenic acid and others. SuperFood Plus is a rich source of Vitamin C-complex nutrients like hesperidin, rutin, and bioflavonoids and also mallic, citric and gallic acids. Vitamins D,E,F, (EFA's), K (Phytonadione), P, and others that are on the edge of discovery or won't be discovered for another 2,000 years. SuperFood Plus is almost 100% pure assimilable plant minerals by volume and contains all the major minerals from calcium to zinc and over 100 of Nature's Trace micro-minerals like Boron, Chromium, Cobalt, Copper, Germanium, Manganese, Molybdenum, Nickel, Selenium, Silicon, Silver, Sulfur, Vanadium, and many more.

PROTEIN AND AMINO ACIDS

SuperFood Plus is almost half protein by weight! It has 250% more protein than Meat, Poultry and Fish with a very high NPUF (net protein utilization factor) and PER (protein efficiency ratio).

SuperFood Plus is one of the richest sources known of amino acids including the 8 essential and many, many others.

ENZYMES, ESSENTIAL FATTY ACIDS AND OTHER NUTRITIONAL SUBSTANCES

No heat is used in the drying and powdering of ANY of SuperFood Plus' ingredients. We only tumble mix the formula for 2 1/2 minutes! This assures us that the enzymes are still alive. SuperFood Plus is rich in free radical destroying enzymes like (SOD) Super Oxide Dismutase (over 10,000 i.u. per dose) and Co-enzyme Q-10. SuperFood Plus, because it is made by NATURE, has hundreds of other nutritional compounds that science has not fully recognized or can't even see that are missing in other supplements. Substances that are essential to all life on the planet like natural R.N.A. and D.N.A., which SuperFood Plus is a bountiful source of, Chlorophyll and Xanthophyll, the blood of plants that is nutritionally proven to help you create needed hormones and detoxify your body. Body protectors like Pectins, Cleansers like Malic, Citric, Gallic and other Organic Acids and Flavonoids, Gums, Oils, Resins, Tannin, etc.

SUPERFOOD PLUS BOTANICAL INGREDIENTS: *Spirulina Blue-Green Algae, Chlorella Algae, Alfalfa grass, Barley grass, Wheat grass, Purple Dulse Seaweed, Beet root, Spinach leaf, Acerola Cherry, Rose hips, Orange and Lemon peels and non-active Saccharomyces cerevisiae Nutritional Yeast.*

SUPERFOOD DOSAGE: *Two rounded tablespoons of SuperFood Plus, added to your favorite juice or blender drink, gives you 2 to 5 times of most vitamins you need for the entire day. What's even better is that you can assimilate these foods so easily, the nutrients can enter your bloodstream going to work within 15 minutes. If you are not used to nutritional drinks, then for the first week use only 1 tablespoon of SuperFood Plus, and then work your way up to 2 tablespoons.*

Suggested SuperFood Plus Drink: *A perfect way to start your day: In a blender mix 8 ounces of fresh apple juice, 8 ounces of pure water, 1 banana or 1/2 cup of fresh fruit, and 2 tablespoons of SuperFood Plus Vitamin and Mineral Supplement. Follow this program for 30 days and feel and see the difference in your life.*

This is a Vegan/Vegetarian Product. NO Animal Ingredients. SuperFood Plus is tested on animals only if they volunteer, and they love it!

Dr Schultz SUPERFOOD PLUS \$33.00 Quantity: 14 ounces / 1 month supply

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